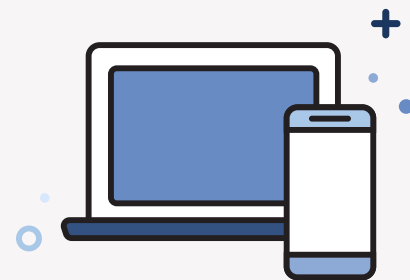


Virtual care with K Health






Convenient access to online care when you need it

For members enrolled in a Medica Choice® Passport plan

With K Health, you can get routine primary care, urgent care, and chronic condition care from a licensed clinician virtually.

Chat with a board-certified doctor using the mobile app for common medical conditions. You can often get immediate 24/7 access to care, or make an appointment that fits your schedule.

K Health clinicians can diagnose more than 300 conditions, prescribe medication for treatment, issue prescription refills, and more, including:

 24/7 virtual urgent care	<ul style="list-style-type: none">• Colds and coughs• Rashes• Sinus infection	<ul style="list-style-type: none">• Stomach flu• Urinary tract infection (UTI)
 Primary care and chronic condition management	<ul style="list-style-type: none">• Asthma• Anxiety and depression*• Chronic heartburn	<ul style="list-style-type: none">• Medication management• Wellness checks
 Prescription refills	<ul style="list-style-type: none">• Get refills sent to your local pharmacy	

K Health is available to members 18 and older enrolled in a Medica Choice® Passport plan. Services are available throughout the continental United States. K Health is not currently available in Alaska or Hawaii.

Costs vary depending on the services you receive and your plan benefits. Generally, virtual urgent care visits with a K Health provider are covered under your plan's virtual care benefits. Primary care visits, chronic condition management visits, and prescription refills are covered as primary care office visits

Get started



Getting started is simple. To begin, you'll need your:

- Email address
- Insurance information
- Smartphone number

Then:

- Go to KHealth.com/Medica and choose "Get started"
- Follow the prompts and enter your email address, insurance information, and smartphone number for a link to download the K Health app
- Use the link to download the app, sign in, and complete your account set-up

Access services



- Open the K Health app and select from the care options
- Enter information about your symptoms and get information about how others with similar symptoms were diagnosed
- Choose if you want to meet with a provider
- Get matched with a provider right away, or schedule a session for another time, and communicate via text message



Learn more at KHealth.com/Medica.

* Services are provided by primary care providers. Behavioral health providers such as therapists and counselors are not available through K Health. K Health does not prescribe controlled medications.